



Mealcraft

A division of Taam Eden Bakery

WEEKLY MENU - WEEK OF JULY 7, 2026

Household of Three or More

BREADS & SPREADS

Rye Bread
Cream Cheese

APPETIZERS

Fruit Smoothie
Salmon Poke Bowl

DATE SMOOTHIE & ENERGY BALLS

Dates
Peanut Butter
Real Chocolate Chips
Chia Seeds
Slivered Almonds

HERB CHICKEN SALAD

Chicken Cutlets (Ready to Cook)
Romaine Lettuce
Spinach Leaves
Purple Cabbage
Grape Tomatoes
Cucumbers
Gherkin Pickles

ENTREE & SIDES

Vegetable Kugel
Beef Goulash
Salmon Fillet

RICE & GREEN BEAN SIDES

Long Grain Rice
Whole Green Beans Frozen
Red Peppers
Fresh Mushrooms
Baby Corn
Frozen Garlic
Sunflower Seeds

HOT DOGS & CONDIMENTS

Brioche Hot Dog Buns
Beef Franks
Dijon Mustard
Ketchup
Tri-Color Sweet Potato
Fries
French Fries

FROM THE FARM

Carrots
Peaches
Bananas
Mangoes

FROM THE BAKERY

China Cookies
Rainbow Cake
Mini Cheese Florets

PANTRY ITEMS

Frozen Pizza Pie
Chocolate Leben
Mini Snackers
Yellowfin Tuna
Mayonnaise
Fish Wedges
Crisp Rice Cereal
Lotus Crunch Rice Cakes
Canned Chickpeas
Bread Crumbs
Nut Bars
Potato Poppers