



Mealcraft

A division of Taam Eden Bakery



WEEKLY MENU - WEEK OF AUGUST 12, 2026

Household of Two

BREADS & SPREADS

Mini Rolls (Mezonos)
Whole Wheat Sesame Sticks (Mezonos)
Tuna Salad
Egg Salad
Lox Spread

DAIRY APPETIZERS

Cheese Blintzes
Strawberry Sauce (B'gan)

DILL SALMON with CUCUMBERS

Ingredients

Side of Salmon
Dill Dip
Cucumbers
Purple Onions

ENTREES & SIDES

Chicken Lo Mein
Sweet Lokshen Kugel
Spanish Eggplant
Arabian Salad

BEEF ARAYES

Ingredients

Ground Beef
Pita

FARM FRESH PRODUCE

Cherry Tomatoes
Bananas
Plums

FROM THE BAKERY

Cheese Cannoli
Cheese Bites
Lemon Layer Cake
Oatmeal Cookies
Blueberry Pie

PANTRY & REFRIGERATED

Cottage Cheese
Muenster Cheese Sliced
Iced Coffee Leben
Personal Pizza Pie
Tuna Quinoa Salad
Olive Oil Spray
Canned Corn
Corn Cakes
Peanut Butter Pretzel Clusters
Jack & Jill Cookies
Oat & Honey Granola Bars
Ice Pops